

# TRANSEPITHELIAL MOVEMENT OF <sup>3</sup>H-ANDROGEN IN RAT SEMINIFEROUS AND CAPUT EPIDIDYMAL TUBULES: SATURABILITY AND EFFECT OF COMPETITION WITH ESTRADIOL

MASANORI YAMAMOTO, YOSHIKAZU TSUJI and KOJI MIYAKE

*Department of Urology, Nagoya University School of Medicine,  
Nagoya, Japan*

## ABSTRACT

Proluminal movement of <sup>3</sup>H-testosterone from peritubular space to intratubular fluids of the adult rat testis and epididymis was studied by using in vivo microperfusion and subsequent micropuncture of seminiferous tubules and caput epididymal tubules. Tubules were perfused with Minimum Essential Medium containing <sup>3</sup>H-testosterone. To determine if androgen transport is saturable, 40, 80, 160, and 320  $\mu$ Ci <sup>3</sup>H-testosterone were included in the perfusion fluid. Radioactivity of <sup>3</sup>H-androgens in the intraluminal fluids was determined at 1 hour after perfusion. Transepithelial <sup>3</sup>H-androgen movement in the testis was linear ( $r=0.735$ ,  $p<0.001$ ,  $y=0.17x+5.6$ ). The movement of <sup>3</sup>H-androgen across the epididymal epithelium was saturable ( $V_{max}$  of 326.5 nM/hr and  $K_m$  of 77 nM). To determine the effect of estradiol on proluminal androgen movement, estradiol at 10X the concentration of <sup>3</sup>H-testosterone was incorporated in the perfusion fluid. Proluminal <sup>3</sup>H-androgen movement into the seminiferous and epididymal tubules was not affected by addition of estradiol to the perfusion fluid. These findings support our previous observations that proluminal transepithelial movement of <sup>3</sup>H-androgens could be mediated by its binding to a specific intraluminal androgen binding protein.

Key Words: Androgen movement; epididymis; estradiol; microperfusion; micropuncture.

## INTRODUCTION

The mammalian testis and epididymis provide an important environment for spermatogenesis and maturation of spermatozoa.<sup>1)</sup> Androgens are important components of this environment and play an essential role in the regulation of spermatogenesis and the control of epididymal metabolism and epididymal epithelial secretion.<sup>1,2,3)</sup> Nevertheless, little is known about local mechanisms that regulate androgen movement across the seminiferous or epididymal epithelium.

It has been recently demonstrated that the transepithelial movement of <sup>3</sup>H-androgen in the epididymal tubules occurs against a concentration gradient<sup>4,5)</sup> and is subject to competitive inhibition.<sup>6)</sup> It has also been shown that <sup>3</sup>H-androgen movement across the caput epididymal epithelium is reduced by hypophysectomy and completely returned to normal in the hypophysectomized rat supplemented with FSH or LH.<sup>7)</sup> All of these findings are consistent with a hypothesis that androgens diffuse across the epididymal epithelium and exist there in high concentrations due to their binding to androgen binding protein (ABP). The objective of the present study was to determine whether or not proluminal androgen movement across the seminiferous

Correspondence: Dr. Masanori Yamamoto, Department of Urology, Nagoya University School of Medicine, Tsuruma-cho, Showa-ku, Nagoya 466, Japan

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tubules and epididymal tubules is altered by various concentrations of  $^3\text{H}$ -testosterone in the intertubular compartment and to determine if proluminal, antigrade movement of  $^3\text{H}$ -androgen into these tubule lumina is affected by competition with estradiol in the perfusion fluid.

## MATERIALS AND METHODS

### *Rats*

Adult male Sprague-Dawley rats (440–670 g) were maintained in a constant temperature (22°C), constant humidity (50%) vivarium on a 12 hr:12 hr light:dark cycle. Food and water were available *ad libitum*. They were allowed to acclimate after shipment for at least one week before experimental use.

### *Isotopes*

The following isotopes were purchased from New England Nuclear (Boston, Massachusetts):  $^3\text{H}$ -testosterone (specific activity: 55.2 Ci/mmol, M.W. 288.4) and  $^{14}\text{C}$ -polyethyleneglycol ( $^{14}\text{C}$ -PEG; specific activity: 15.0 mCi/g, M.W. 4000).

### *In vivo microperfusion and micropuncture*

The animals were anesthetized with Inactin (sodium 5-ethyl-5-(1-methylpropyl)-2-thiobarbiturate, Byk Guilden Konstanz, Hamburg, Germany; 100 mg/kg body weight) and prepared for *in vivo* microperfusion and micropuncture of reproductive tract tubules as previously described.<sup>4)</sup> Briefly, a testis and epididymis were exteriorized in a 35°C testicle holder and stabilized in 2% agar. A small area of the immobilized testis or epididymis was exposed and covered with mineral oil. The tubules were perfused *in vivo* through a 100  $\mu\text{m}$  tip micropipette inserted through the tunica albuginea. The perfusion fluids were lissamine-green dyed Minimum Essential Medium (MEM; pH 7.0–7.4; Gibco Laboratories, Grand Island, NY) containing 13.3, 26.7, 53.3, or 106.7  $\mu\text{Ci}$   $^3\text{H}$ -testosterone/ml (240, 480, 960, or 1920 nM testosterone, respectively) and 1.3  $\mu\text{Ci}$   $^{14}\text{C}$ -PEG/ml. Data from these experiments were used for the estimation of  $K_m$  and  $V_{\text{max}}$ . Priming and sustaining perfusion rates for the seminiferous and caput epididymal tubules were as previously described.<sup>4)</sup>

In other experiments MEM containing 26.7  $\mu\text{Ci}$   $^3\text{H}$ -testosterone/ml and 1.3  $\mu\text{Ci}$   $^{14}\text{C}$ -PEG/ml was supplemented with 1% (v/v) ethanol and 4.8  $\mu\text{M}$  estradiol (10X the concentration of  $^3\text{H}$ -testosterone) or with 1% ethanol alone prior to perfusion around seminiferous and caput epididymal tubules.

Intraluminal fluids and adjacent interstitial fluids (perfusion fluid remaining in the peritubular space) were collected by micropuncture at 1 hour after initiation of the sustaining perfusion in the experiments using as perfusion fluid MEM containing  $^{14}\text{C}$ -PEG and increasing concentrations of  $^3\text{H}$ -testosterone. Previous reports have indicated that values for transepithelial  $^3\text{H}$ -androgen movement have reached plateau by 1 hour perfusion.<sup>4,5)</sup> In the experiments using perfusion fluid containing  $^{14}\text{C}$ -PEG and  $^3\text{H}$ -testosterone along with 1% ethanol or estradiol plus 1% ethanol, the perfusion continued for 1 or 2 hours and fluids were collected from the testicular and epididymal interstitial space and lumen at 1 and 2 hours after initiation of perfusion. Cell free fluids were obtained by centrifugation and aliquanted as previously described.<sup>8)</sup> Each fluid sample was analyzed in triplicate for  $^3\text{H}$  and  $^{14}\text{C}$  radioactivity.

### *Analysis of data*

Net proluminal movement of isotope into the seminiferous and caput epididymal tubule fluid

TRANSEPIHELIAL MOVEMENT OF  $^3\text{H}$ -ANDROGEN

has been previously described.<sup>4)</sup> Briefly, using  $^{14}\text{C}$ -PEG as a marker for inadvertent contamination of intraluminal fluid, the concentration of  $^3\text{H}$ -testosterone in intraluminal fluid is reported as a percentage of the  $^3\text{H}$ -testosterone concentration existing in peritubular fluid at that same time period.

Chauvenet's criterion<sup>9)</sup> was applied to all the data. Statistical comparison for the intraluminal  $^3\text{H}$ -androgen concentrations of the seminiferous tubules and the caput epididymal tubules at each peritubular  $^3\text{H}$ -androgen concentration was done by Student's t-test. Multiple comparisons were made by the Kruskal-Wallis test followed by the Wilcoxon Rank-Sum test. A p value of 0.05 or less was considered significant.

## RESULTS

While  $^3\text{H}$ -testosterone was the steroid perfused around the tubules, it is known that  $^3\text{H}$ -testosterone is partially converted to other  $^3\text{H}$ -androgens<sup>4,8)</sup>; thus we subsequently refer to  $^3\text{H}$ -androgen(s) in the various fluids rather than  $^3\text{H}$ -testosterone, per se.

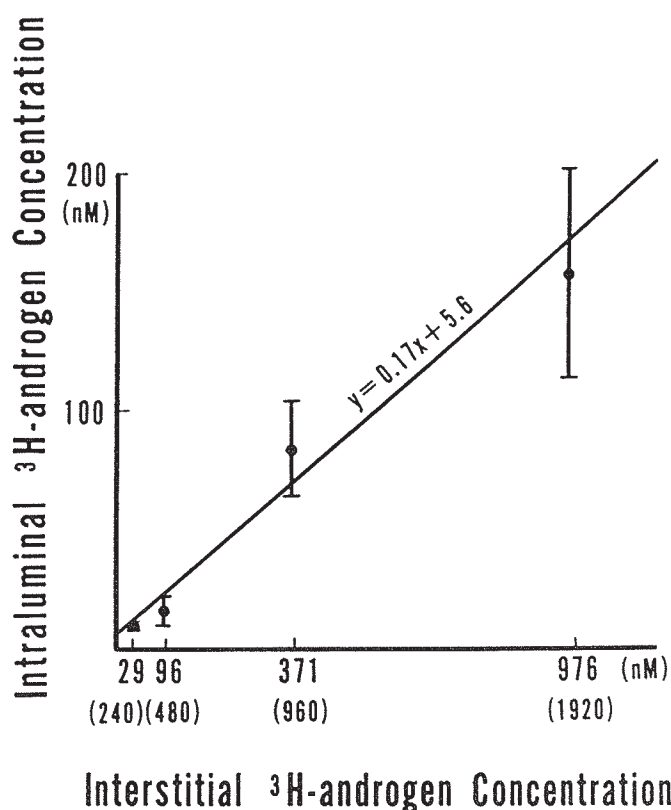


Fig. 1. Intraluminal  $^3\text{H}$ -androgen concentrations in the seminiferous tubule lumen in different concentrations of interstitial  $^3\text{H}$ -androgen at 1 hour after sustaining perfusion. Abscissa is the mean interstitial  $^3\text{H}$ -androgen concentration after 1 hour perfusion. ( ),  $^3\text{H}$ -testosterone concentration in original perfusion fluid. Each value of intraluminal  $^3\text{H}$ -androgen concentration is the mean  $\pm$  SEM of  $n=7-8$  animals. These values increased in a linear fashion ( $r=0.735$ ,  $y=0.17x+5.6$ ,  $p<0.001$ ).

Intraluminal  $^3\text{H}$ -androgen concentrations in the seminiferous tubules increased linearly with increasing interstitial concentrations ( $r=0.735$ ,  $p<0.001$ ; Fig. 1). Intraluminal  $^3\text{H}$ -androgen concentrations reached approximately 157 nM at highest concentration of interstitial  $^3\text{H}$ -androgen, and no plateau concentration was reached (Fig. 1). In the caput epididymal tubules pro-luminal androgen movement was shown to be saturable (Fig. 2). Additionally, caput intraluminal  $^3\text{H}$ -androgen concentrations were significantly higher than those in the seminiferous tubules at each peritubular  $^3\text{H}$ -androgen concentration (t-test;  $p<0.05$ ). The apparent  $K_m$  and  $V_{max}$  values were approximately 77 nM and 326.5 nM/hr (Fig. 2).

After 1 and 2 h perfusion of seminiferous tubules, intraluminal isotope concentrations averaged 20% of peritubular isotope concentrations or less (Fig. 3A). In the caput epididymal tubules at both 1 and 2 hours after the initiation of perfusion intraluminal  $^3\text{H}$ -androgen

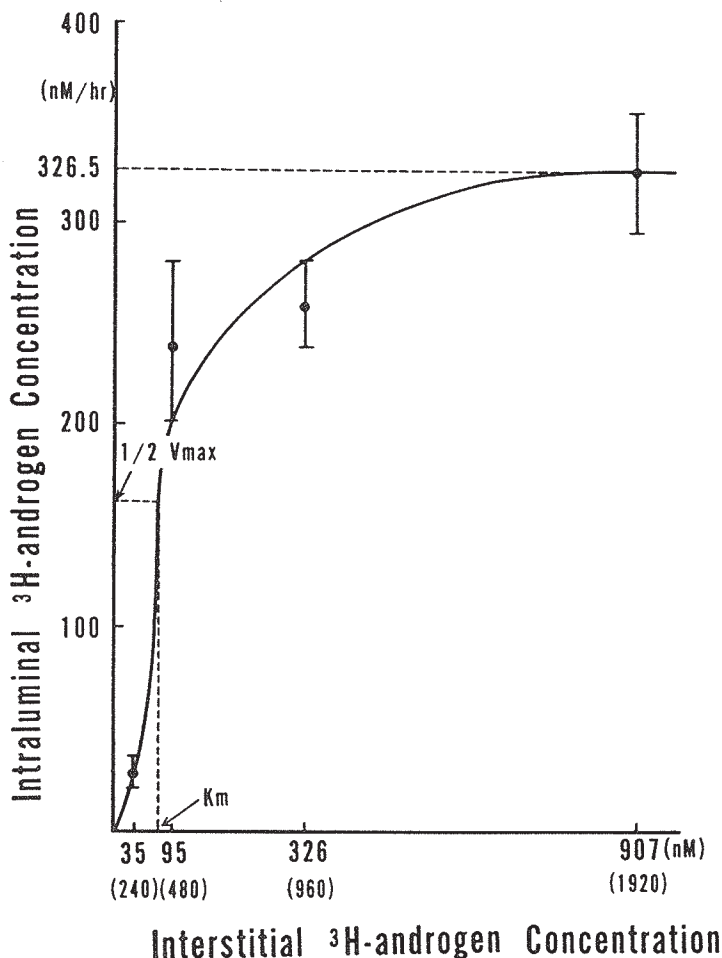


Fig. 2. Intraluminal  $^3\text{H}$ -androgen concentrations in the caput epididymal lumen with different concentrations of interstitial  $^3\text{H}$ -androgen at 1 hour after sustaining perfusion. Abscissa is the mean interstitial  $^3\text{H}$ -androgen concentration after 1 hour perfusion. ( ),  $^3\text{H}$ -testosterone concentration in original perfusion fluid. Each value of intraluminal  $^3\text{H}$ -androgen concentration is the mean  $\pm$  SEM of  $n=5-9$  animals. The apparent  $V_{max}$  and  $K_m$  were calculated to be 326.5 nM/hr and 77 nM, respectively.

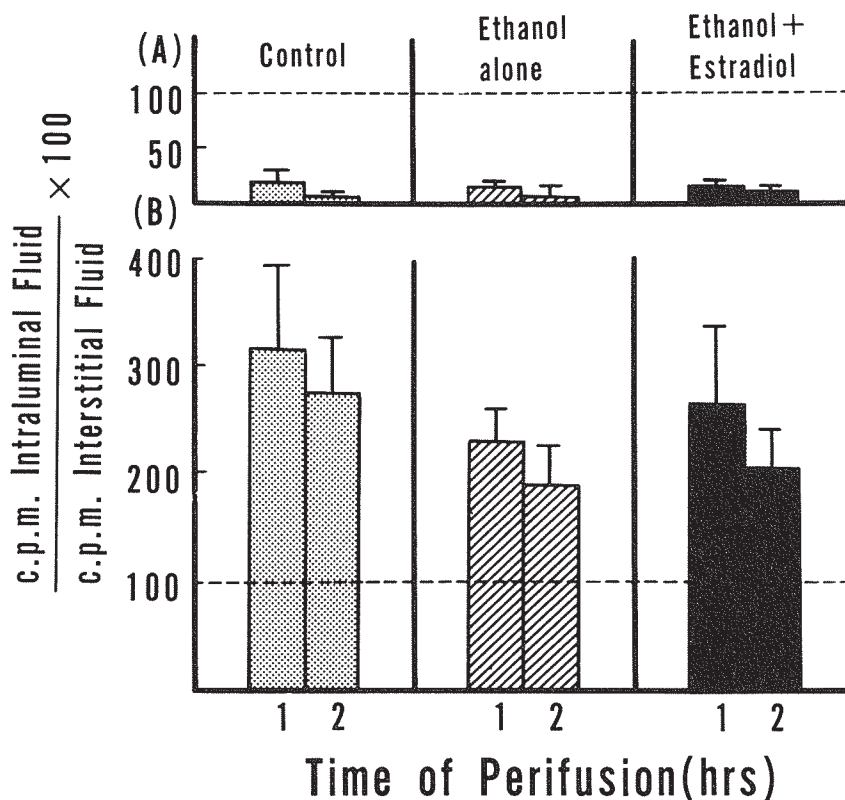
TRANSEPITHELIAL MOVEMENT OF  $^3\text{H}$ -ANDROGEN

Fig. 3. (A) Net proluminal movement of  $^3\text{H}$ -androgens into the seminiferous tubules at 1 and 2 h after exposure to  $^3\text{H}$ -testosterone-containing perfusion fluid (PF), PF with 1% ethanol, or PF with 4.8  $\mu\text{M}$  estradiol and 1% ethanol. The dotted line indicates the value for equilibrium between interstitial and intraluminal isotope concentrations. Each value is the mean  $\pm$  SEM of  $n=4$  animals. (B) Net proluminal movement of  $^3\text{H}$ -androgens into the caput epididymal tubules at 1 and 2 h after exposure to  $^3\text{H}$ -testosterone-containing perfusion fluid (PF), or PF with 1% ethanol, or PF with 4.8  $\mu\text{M}$  estradiol and 1% ethanol. The dotted line indicates the value for equilibrium between interstitial and intraluminal isotope concentrations. Each value is the mean  $\pm$  SEM of  $n=4-9$  animals.

concentrations reached approximately 300% of interstitial androgen concentrations (Fig. 3B). As demonstrated previously,<sup>7)</sup> concentrations of  $^{14}\text{C}$ -PEG and  $^3\text{H}$ -androgen around the tubules were consistent at 1 and 2 h (data not shown). Proluminal movement of  $^3\text{H}$ -androgen into the seminiferous and caput epididymal tubules was not significantly inhibited by addition of 1% (v/v) ethanol or 1% ethanol plus 4.8  $\mu\text{M}$  estradiol to the perfusion fluid (Fig. 3A and 3B).

## DISCUSSION

*Trans epithelial movement in seminiferous tubules*

The present study has demonstrated that movement of  $^3\text{H}$ -androgen across the seminiferous tubules is elevated in linear fashion when  $^3\text{H}$ -testosterone concentrations in the perfusion fluid are increased. Nevertheless, intraluminal androgen concentration during the perfusion containing the highest interstitial  $^3\text{H}$ -testosterone concentration (976 nM) was 157 nM, a value

significantly lower than that in the caput epididymis when perfused with similar concentrations of  $^3\text{H}$ -testosterone (Fig. 1 and 2). Percentage of peritubular fluid  $^3\text{H}$ -androgen concentration appearing in the intraluminal fluid at 1 and 2 h after initiation of the sustaining perfusion averaged 20% or less (Fig. 3A) while similar values obtained from the caput epididymides generally averaged above 200% (Fig. 3B). Thus, there is significantly less net proluminal androgen movement across the seminiferous epithelium than the epididymal epithelium. It has been previously reported that proluminal  $^3\text{H}$ -androgen movement across the seminiferous epithelium is restricted<sup>4)</sup> and not inhibited by competition with unlabelled testosterone.<sup>6)</sup> These previous results and the present result that net proluminal androgen movement into rat seminiferous tubules is not inhibited by competition with estradiol (Fig. 3A) are consistent with simple diffusion of free androgen across the seminiferous epithelium. The possibility that there is a specific androgen transport mechanism in the seminiferous tubules has been offered by others, but the evidence for this is sparse and problematical.<sup>10)</sup>

While transepithelial androgen movement in the seminiferous tubule can be accounted for by simple diffusion, the reason for restricted net movement of androgens into the tubule lumen is unclear. That androgens indeed have low access to the seminiferous tubule lumen is demonstrated by the present results, by previous reports using the same techniques,<sup>4,5)</sup> and by different *in vivo* techniques in both rats<sup>4)</sup> and hamsters.<sup>8)</sup> Also consistent with these results are the findings of Comhaire and Vermeulen<sup>11)</sup> and Turner *et al.*<sup>12)</sup> that testosterone concentrations in rat seminiferous tubule fluid are significantly lower than in testicular interstitial fluid (lymph). Recent unpublished data from our laboratory have confirmed that when rat testicular interstitial fluid and seminiferous tubule fluid are collected by *in vivo* micropuncture, the ratio of peritubular to intraluminal testosterone (as measured by R.I.A.) is approximately 1:0.7.

The effect on proluminal androgen movement of androgen binding to Sertoli cell's androgen receptors or to peritubular androgen binding molecules is uncertain, but is potentially different than in the caput epididymis where proluminal androgen movement is very high.

#### *Transepithelial movement in caput epididymal tubules*

The findings from the present study of transepithelial movement of  $^3\text{H}$ -androgens in the caput epididymis indicate that intraluminal  $^3\text{H}$ -androgen concentrations are saturable (Fig. 2). At 1 hour after initiation of the sustaining perfusion at 95 nM  $^3\text{H}$ -androgen, intraluminal  $^3\text{H}$ -androgen concentrations were approximately 240 nM. This was 15 times the  $^3\text{H}$ -androgen concentration in seminiferous tubule lumen fluid surrounded by similar  $^3\text{H}$ -androgen concentrations (Fig. 1 and 2). Proluminal androgen movement across the epididymal epithelium, contrast to the seminiferous epithelium, is against a concentration gradient (Fig. 3A and B).

When testosterone is taken up by epididymal epithelial cells, it is rapidly metabolized to dihydrotestosterone and other androgens. While there are many other studies of testosterone or dihydrotestosterone bindings to intracellular receptors or ABP in the epididymis *in vitro*,<sup>3)</sup> we are not aware of previous studies of the kinetics of androgen movement across reproductive tract epithelia *in vivo*. The  $V_{\max}$  estimate of 326.5 nM/hr is similar, though not identical, to the R.I.A. estimate of intraluminal ABP concentration in the rat caput epididymis (approx. 270 nM)<sup>12)</sup> and is supportive of our hypothesis that androgen-ABP binding is important in the process of antigrade, proluminal androgen movement seen in the caput epididymis. The subsequent study of proluminal  $^3\text{H}$ -androgen movement in competition with estradiol (Fig. 3) was performed with peritubular  $^3\text{H}$ -androgen concentrations (approx. 95 nM) similar to the estimated  $K_m$  for transepithelial androgen movement (approx. 80 nM). As in the seminiferous tubules, net proluminal androgen movement was not significantly inhibited by competition with estradiol (Fig. 3B).

TRANSEPIHELIAL MOVEMENT OF  $^3\text{H}$ -ANDROGEN

In conclusion, transepithelial  $^3\text{H}$ -androgen movement in the testis is linear and restricted while proluminal movement of  $^3\text{H}$ -androgen into the caput epididymal tubules is saturable and occurs against a concentration gradient. Proluminal movement of  $^3\text{H}$ -androgen into the seminiferous tubule lumen is not inhibited by competition with unlabelled testosterone<sup>6)</sup> or unlabelled estradiol in the perfusion fluid. However, antigrade, proluminal movement of  $^3\text{H}$ -androgen into the caput epididymal tubule lumen has been shown to be subject to competitive inhibition,<sup>6)</sup> but is not inhibited by competition with unlabelled estradiol in the perfusion fluid. These data are consistent with our hypothesis that androgens diffuse across the epididymal epithelium and bind to ABP in the epididymal lumen, thus accounting for the accumulation of  $^3\text{H}$ -androgen in the epididymal lumen, and the estimated  $V_{\text{max}}$  for  $^3\text{H}$ -androgen movement across the caput epithelium is also consistent with this hypothesis.

Such a mechanism would not require active transport across the epithelium as an explanation of the uphill  $^3\text{H}$ -androgen movement, but the effect of metabolic inhibitors on proluminal  $^3\text{H}$ -androgen movement has not yet been tested. It is also possible that differential androgen binding to molecules in the testicular and epididymal interstitial space may effect compartmentalization of androgens in the testis and epididymis. Experiments to study these phenomena are currently underway in our laboratory.

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