# Student health checkup From April 13 to 28 WEB reservation begins

XNogoya University ID and password are required to make a reservation.

To prevent the spread of infection, the procedures of this semester's health checkup differ from the previous years. Please be sure to read the Health Administration Office's website thoroughly before taking the health checkup.



## Thing you need to have

START

on

April 10

#### 1) Form for annual health checkup

Please bring a printout of the form or a downloaded copy of the form on your smartphone or other devices, which you should print out or download after making your reservation.

(2) Please wear a **t-shirt that is plain** on the front and back (colors other than white are permitted). \* Please do not wear a shirt with embroidery, pockets, buttons, or metal decorations etc. If you wear a shirt with these decorations etc., you will not be able to have an x-ray.

Please have this examination if you need a medical certificate from Nagoya University for job hunting, scholarship applications, or any other extracurricular activities.



③ Student ID Card (We may check your Student ID.)

④ A small bag to place your valuables in.

For further information, see our website. Be sure to bring all items listed above.



http://www.htc.nagoya-u.ac.jp/hokenkanri/

\* If you are a School of Medicine student serving as a staff member at the University, please apply for the staff medical examination.

\* For those who have had their medical examination at another institution:

Please submit the results of your health checkup to the Health Administration office. Students of the School of Medicine may submit their forms to their student affairs department.

Results of health checkups taken at other medical institutions are valid only when they are taken in between January and December of this year. However, Nagoya University cannot issue a medical examination certificate or medical certificate (please take note of this if you are job hunting). Once we receive a copy of the results of your health checkup, we will recognize that you have had your

health checkup for this year.

## \* \* Health Checkup Procedure \* \*

| 3F   | 1   | Reception   |
|--|---|---|
|  |   | We will check your annual health checkup form.  |
| ł  |   | Please scan the barcode of the form. Upon receiving a printout of your registration form,     |
|  |   | make sure your name is on it. (This procedure is not required for those who have printed      |
|  |   | it out beforehand.)   |
|  |   | points below with a X, your need to scan the barcode of the registration form. After          |
| ·  |   | wice makes a sound or lights up, please undergo the examination.                              |
|  | (Z)X  | Distribution of urine containers and student ID number labels.                                |
| ŀ  |   | Please confirm that the student ID number on your label is correct, and make sure not to      |
|  | ~   | lose it. (Labels will not be re-issued)   |
|  | 3   | Changing clothes  |
|  |   | When you have a chest X-ray, you need to take off all clothes above your waist except for a   |
| L  |   | plain T-shirt. (You can wear a front-opening jacket over your T-shirt while waiting.)         |
| Sector Se | $\downarrow$ Go to the 2nd Floor * Take your annual health checkup form , and valuables with you. |   |
| 2F   | <u> </u>  | Automatic vision check  |
|  | <b>5</b> *  | Automatic height and weight measurement   |
|  |   | Take off your shoes before measuring your height and weight.                                  |
|  | <b>%</b>  | Automatic blood pressure measurement  |
|  |   | Insert your right arm into a cuff and press the Start button.                                 |
|  |   | If the highest and lowest blood pressure are above 140 and 90 respectively, scan your barcode |
| L  |   | again and measure your blood pressure one more time.  |
| ↓ Go to the 1nd Floor  |   |   |
| 1F   | I   | Chest X-ray (for those who are subject to this and those who wish to have this)               |
|  |   | We will check if you are wearing the appropriate attire.                                      |
|  |   | * If you are not prepared for the x-ray examination and we determine that the x-ray cannot be |
|  |   | taken, you will not be able to have the x-ray.  |
|  |   | Tie your hair above your shoulders. Take off any necklaces.                                   |
|  |   | To prevent the spread of infection, we will not lend out examination gowns.                   |
|  |   | Also, you may not be completely undressed for the x-ray.                                      |
|  | 8   | Confirmation of the checkup results   |
|  | ~   | We will check your checkup results to confirm that there is no errors or omissions.           |
|  | 9   | Consultation with a doctor (overall diagnosis)  |
|  |   | Submit your registration form.  |
| <b>A Return to the 3rd Floor</b> You may leave after you change back into your clothes and gather your belongings.   |   |   |
|  |   |   |

### NOTICE

- Notice of Re-examination
  We will send you this notice if a re-examination is necessary.
  Please bring this notice with you on the day of your re-examination.
- ★ Physical Examination Results

The urine test will be conducted on a different date this year (as a COVID-19 countermeasure) and will be performed later than in previous years.

Your checkup results can be viewed on the Automatic Certificate Issuing Machines or on the "Online Booking" page starting in late June.

Those who are unable to access their results via the Automatic Certificate Issuing Machine can receive checkup results at the administrative office of their affiliated School/Graduate School .