

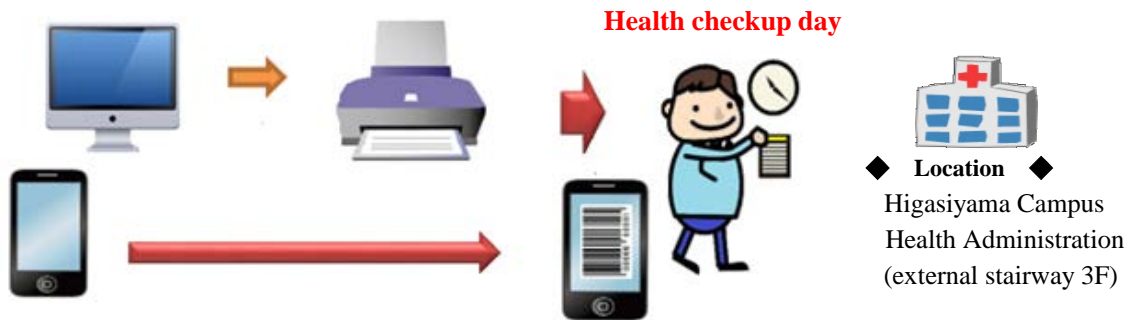
**START  
on  
April 9!**

**Student health checkup From April 12 to 26**

# **WEB reservation begins**

※Nagoya University ID and password are required to make a reservation.

Please arrive five minutes before the reservation time.



## ◆ **Thing you need to have** ◆

### ① **Form for annual health checkup**



Please bring a printout of the form or a downloaded copy of the form on your smartphone or other devices, which you should print out or download after making your reservation.

### ② **Urine**



★ **Collect first urine of the morning of the health checkup.**

You may pick up the urine sample container at your affiliated school.

\*Be sure to write your name on the label and attach it to the container.

\*Please schedule your examination for a day when you are not menstruating.

### ③ For those who will undergo a chest X-ray: **Plain T-shirt**



\* T-shirt must not have embroidery, ribbons, pockets, buttons, metal, etc.

**Please have this examination if you need a medical certificate from Nagoya University for job hunting, scholarship applications, or any other extracurricular activities.**

### ④ **Student ID Card** (We may check your Student ID.)

**For further information, see our website. Be sure to bring all items listed above.**



<http://www.htc.nagoya-u.ac.jp/hokenkanri/>

\* If you are a School of Medicine student serving as a staff member at the University, please apply for the staff medical examination.

\* For those who have had their medical examination at another institution:

Please submit the results of your health checkup to the Health Administration office. Students of the School of Medicine may submit their forms to their student affairs department.

Results of health checkups taken at other medical institutions are valid only when they are taken in between January and December of this year. However, Nagoya University cannot issue a medical examination certificate or medical certificate (please take note of this if you are job hunting).

Once we receive a copy of the results of your health checkup, we will recognize that you have had your health checkup for this year.

## **\*\* Health Checkup Procedure \*\***

### **3F ① Reception**

We will check your annual health checkup form and your urine sample container (be sure to attach the name label beforehand).

Please scan the barcode of the form. Upon receiving a printout of your registration form, make sure your name is on it. (This procedure is not required for those who have printed it out beforehand.)

**At the points below with a ※, your need to scan the barcode of the registration form. After the device makes a sound or lights up, please undergo the examination.**

#### **②※ Urine sample submission**



Take the urine sample container out of the plastic bag, then submit it.

#### **③ Changing clothes**



When you have a chest X-ray, you need to take off all clothes above your waist except for a plain T-shirt. (You can wear a front-opening jacket over your T-shirt while waiting.)

↓ **Go to the 2nd Floor** \* Take your student ID card, annual health checkup form, and valuables with you.

### **2F ④※ Automatic vision check**

If you wear glasses or contact lenses, please undergo the test without taking off them.

Place your forehead on the device to start the test. You will be asked to point the lever in the direction where there is a gap in the circle that appears on the screen.

#### **⑤※ Automatic height and weight measurement**

Take off your shoes before measuring your height and weight.

#### **⑥※ Automatic blood pressure measurement**

Insert your right arm into a cuff and press the Start button.

If the highest and lowest blood pressure are above 140 and 90 respectively, scan your barcode again and measure your blood pressure one more time.

↓ **Go to the 1st Floor**

### **1F ⑦※ Chest X-ray (for those who are subject to this and those who wish to have this)**

We will check if you are wearing the appropriate attire.

If you are not wearing a plain T-shirt, you will be asked to take your clothes off when having examination.

Tie your hair above your shoulders. Take off any necklaces.

#### **⑧※ Confirmation of the checkup results**

We will check your checkup results to confirm that there is no errors or omissions.

#### **⑨※ Consultation with a doctor (overall diagnosis)**

Submit your registration form.

↑ **Return to the 3rd Floor** You may leave after you change back into your clothes and gather your belongings.

### **NOTICE**

#### **★ Notice of Re-examination**

We will send you this notice if a re-examination is necessary.

Please bring this notice with you on the day of your re-examination.

#### **★ Physical Examination Results**

Results will be made available 3-7 days following your health checkup, and you can check the results either at an “Automatic Certificate Issuing Machine” on campus or via the “Web Reservation Page” online. However, results will not be made available to students required to have a re-examination until after the results of the reexamination arrive.

If you do not complete all the checkup items (those who will not undergo a chest X-Ray), the results will be issued in June.

Those who are unable to access their results via the Automatic Certificate Issuing Machine can receive checkup results at the administrative office of their affiliated School/Graduate School around the middle of May.