

2026 – 2027

MEXT* Scholarship Program

Young Leaders' Program (YLP)

Healthcare Administration Course

Nagoya University Graduate School of Medicine



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*The Ministry of Education, Culture, Sports, Science and Technology of Japan

The History of Nagoya University

Nagoya University began its history in 1871 with its temporary hospital standing on a site where the conference chamber for the former Nagoya clan once stood, and the temporary medical school standing on a site where the magistrate's office for the former Nagoya clan once stood. Thereafter, many transitions took place, and the Aichi Medical College was established in 1920. In 1931, the management of the Aichi Medical College was transferred to the national government and the Nagoya Medical College was newly established in the same year. In 1939, the Nagoya Imperial University was established with the addition of the School of Science and Engineering and the School of Medicine, thus absorbing the Nagoya Medical College. Currently, there are 13 graduate schools. Other facilities include 3 subsidiary research institutes, 2 facilities open to the public and 16 research centers. In 2004, Nagoya University became a national university with a new governing structure.

Message from the Dean

We, all faculty members of the Graduate School of Medicine, cordially welcome the distinguished participants of Young Leaders' Program (YLP) from abroad. It is our pleasure to have a chance to study with you at Nagoya University Graduate School of Medicine. We understand that all participants are well-qualified promising persons who are going to be leaders in the field of healthcare administration in their home countries, and some of the participants are indeed actual leaders of healthcare administration in their countries.

The School/Graduate School of Medicine is the oldest school at Nagoya University, and the history of the school can be traced back to as early as 1871. The Graduate School began as a part of the School of Medicine in 1955 and developed into a key medical research organization. The Graduate School of Medicine and the School of Medicine now encompass basic and clinical medical and co-medical sciences as well as the affiliated hospital and research facilities.

At present, there are five YLPs supported by the Japanese Ministry of Education, Culture, Sports, Science and Technology (MEXT). Our YLP, the fourth program approved by the Ministry in 2003, is the only one focusing on healthcare administration. The other YLPs focus on law, business, general administration, and administration in local governments. All of the YLPs have been established to promote collaboration and friendship among promising young leaders in their target countries.

Although we have several courses for master's and doctoral degrees, YLP has uniqueness as its official language is English. Among the many medical graduate schools in Japan, our YLP program may be the first one in which English is the official language. In Japan, academic courses concerning healthcare administration are limited in terms of number and content. We are, however, aiming to make it the best program in Japan. In addition to the YLP staff, the faculty members of social medicine at Nagoya University Graduate School of Medicine, in collaboration with education staff, are doing their best to support and improve YLP, as you will find it in the following content.

Once again, we are greatly pleased to share this time with the promising YLP participants, and hope that all participants will enjoy their life in Japan, as well as their studies through this program. It is indeed our pleasure and honor to have this fruitful program with many promising students and to contribute to the further development of their countries through the course. It is our sincere hope that you will achieve good results, become a bridge between your countries and Japan, and contribute to the well-being and peace in the world.

September, 2026
Masahisa Katsuno, MD, PhD.
Dean
Graduate School of Medicine
Nagoya University



Greetings from the Program Director

Welcome to the Young Leaders' Program at Nagoya University!

I greatly appreciate your decision to attend the Young Leaders' Program (YLP) at the Nagoya University Graduate School of Medicine. You may have experienced a number of difficulties in the process from application to admission. Now, you are entitled to a one-year stay in Japan by the Japanese government.

This course aims to 1) provide educational opportunities for promising individuals with broad perspectives in the field of healthcare administration, 2) deepen their understanding of Japanese customs and culture, and 3) strengthen networks useful for solving many difficult problems in and among the participating countries.

As shown in the following curriculum, this master's course provides the participants with introductory knowledge of public health, similar to the master's courses in public health available in many other countries. Participants can learn the principles of health administration. There will be several opportunities to see the actual practice of healthcare and administration in Japan. The most challenging task will be to create a master's thesis; it can be truly tough work for participants without previous experience in preparing scientific manuscripts. In addition to the teaching staff of Nagoya University, a number of distinguished lecturers from other organizations in Japan and from abroad are invited to provide classes in this course.

In addition to these academic experiences, you will be able to enjoy the beautiful nature and sophisticated culture of Japan. We hope that friendship with classmates and staff will become a valuable part of your lives. Forming human networks is surely useful for all participants and staff.

We, the teaching staff of Nagoya University, are very glad to support you to complete this course. Please enjoy your time here at Nagoya University.

September, 2026

Eiko Yamamoto, MD, PhD.

Director of Young Leaders' Program

Professor, Department of Healthcare Administration



Curriculum

YLP Course Requirement for Academic Year 2026-2027

■ Course in Healthcare Administration

Course Name	Instructor		Term	Credit
	Instructed by	Credited by		
Healthcare Service Facilities and Professionals (1)	Nishino	Yamamoto	Autumn	2
Healthcare Service Facilities and Professionals (2)	Nishino		Winter	
Administrative Regulations for Health	Yamamoto	Yamamoto	Autumn	1
Biostatistics	Various	Wakai	Autumn	1
Epidemiology	Various	Wakai	Autumn	1
Community Health and International Health	Various	Yatsuya	Autumn	1
Occupational and Environmental Health	Various	Kato	Autumn	1
Health Insurance and Economics	Various	Yamamoto	Winter	1
Medical Law	Various	Ishii	Winter	1
Pharmacy Management	Various	Ikesue	Winter	1
Hospital Administration	Aoki	Yamamoto	Spring	1
Seminar I - Essentials of writing health research papers	Nishino	Yamamoto	Autumn / Winter	1
Seminar II -Data management and analysis	Aoki	Yamamoto	Autumn / Winter	1
Seminar III - Journal Club Healthcare system around the world	Aoki	Yamamoto	Spring /Summer	1
Seminar IV - Miscellaneous	Various	Yamamoto	Throughout the year	1
Seminar V - Miscellaneous	Various	Yamamoto	Throughout the year	1
Colloquium I	Various	Yamamoto	Throughout the year	2
Colloquium II	Various			
Outline of Clinical Medicine	Various	Yamamoto	Throughout the year	2
Master's Thesis	Various	Yamamoto	Throughout the year	6
Field Trips/Site Visits	Various	Yamamoto	Throughout the year	4
Japanese I	Ooba		Autumn	Non- Credit
Total				30

Distinctive Features of YLP Curriculum

The curriculum is suitable for rearing future national leaders in the field of healthcare administration, seeking to learn from Japan's unique and important role as bridging Western and Asian countries, and willing to maintain the lasting friendship with Japan and other participating countries through various activities, such as special lectures and site visits.

Comparative Studies: Each subject being conducted in the form of comparative study is designed to cover various aspects of healthcare administration/management so that every student can apply what he/she acquired at this program to variety of situations in a practical manner, factoring in the difference of economic, social and environmental background of respective country.

Cultivation of Students' Own Ideas: Going beyond instruction on specific skills and knowledge, the curriculum will seek to cultivate the formation of students' own ideas, of identifying problems and developing the ability of finding solutions.

Interaction with Leading Figures: Through interaction with leading figures engaged in the healthcare sector and also from various fields, the curriculum aims to create human networks and promote further understandings one another.

Examples of the Course Characteristics:

Seminars / Colloquium: Listening to and having discussions with scholars, medical officers, doctors, other healthcare professionals, future leaders, and more, from various spheres inside and outside of Japan on topics relevant to people's health.

Field Trips / Site Visits: Excursions to different regions in Japan visiting medical and public health related facilities, enabling participants to better-understand Japanese healthcare system and the culture behind it as well.

Master's Thesis: Master thesis and an oral examination are the final steps towards Master of Science in Healthcare Administration degree.



Academic Calendar 2026 – 2027

October 2026 – September 2027

Autumn Quarter 2026 [October 1 – December 18]

Entrance ceremony.....	October 1
First day of instruction.....	October 8
National Culture Day [holiday].....	November 3
Labor Thanksgiving Day [holiday].....	November 23
Hiroshima field study trip.....	November 25-26
Last day of instruction.....	December 18

Winter Quarter 2027 [January 12 – March 19]

First day of instruction.....	January 12
National Foundation Day [holiday].....	February 11
Emperor's Birthday [holiday].....	February 23
Last day of instruction.....	March 19

Spring Quarter 2027 [March 29 – May 28]

First day of instruction.....	March 29
National Golden week [holidays].....	April 29, May 1-5
Last day of instruction.....	May 28

Summer Quarter 2027 [June 7– August 6]

First day of instruction.....	June 7
Tokyo field trip.....	June 7 - June 11
Takayama field study trip.....	July 6 - July 8
National Marine Day [holiday].....	July 19
Research Presentation of Master's thesis.....	Last week of Quarter
Last day of instruction.....	August 6

Final Period 2027 [August 30 – September 24]

First day of instruction.....	August 30
National Respect for Aged Day [holiday].....	September 20
Last Day of instruction for the year.....	September 24
Graduation Ceremony.....	September 27

YLP Time Schedule 2026 – 2027

Autumn 2026

October 8 – December 18

(11 weeks)

	Mon.	Tues.	Wed.	Thurs.	Fri.
8:50 10:20	(Colloquium II)*	---	---	Japanese	---
10:30 12:00	Administrative Regulations for Health	Epidemiology	Healthcare Service Facilities & Professionals	---	Seminar I
13:00 14:30	Biostatistics	Occupational & Environmental Health	(Colloquium I)*	Community Health & International Health	Seminar II

Winter 2027

January 12 – March 19

(10 weeks)

	Mon.	Tues.	Wed.	Thurs.	Fri.
10:30 12:00	Medical Law	(Outline of Clinical Medicine)*	Healthcare Service Facilities & Professionals	---	Seminar I
13:00 14:30	(Colloquium II)*	Pharmacy Management	(Colloquium I)*	Health Insurance & Economics	Seminar II

Spring 2027

March 29 – May 28

(9 weeks)

Summer 2027

June 7 – August 6

(9 weeks)

	Mon.	Tues.	Wed.	Thurs.	Fri.
10:30 12:00	(Outline of Clinical Medicine)*	---	---	(Colloquium I or II)*	(Seminar IV)*
13:00 14:30	Hospital Administration	Seminar III	(Colloquium I)*	(Outline of Clinical Medicine)*	(Seminar V)*

Final Period 2027

August 30 – September 24

(4 weeks)

	Mon.	Tues.	Wed.	Thurs.	Fri.
10:30 12:00	---	---	---	(Outline of Clinical Medicine)*	---
13:00 14:30	(Outline of Clinical Medicine)*	(Colloquium II)*	(Colloquium I)*	(Seminar IV)*	(Seminar V)*

*Colloquium I & II • Seminar IV & V • OCM are scheduled irregularly throughout the year.

Young Leaders' Program (YLP) at Glance

- **Duration of the course: one year**

The YLP is delivered as a full-time program spanning 12 months, commencing in October and concluding in September of the following year.

- **Expected participants**

Promising young public officers working for the governmental health sector from the following 13 designated countries;

Bangladesh, Bhutan, Cambodia, Indonesia, Kazakhstan, Kyrgyz Republic, Lao PDR, Malaysia, Mongolia, Philippines, Sri Lanka, Thailand, and Vietnam (in alphabetical order)

- **Scholarships**

YLP Scholarship by MEXT of the Japanese government includes;

- A monthly stipend*. It includes the costs necessary for study.
(*The amount is announced every year in the application guide.)
- Exempted from the fees for enrollment and tuition
- A round-trip airplane ticket to/from the country of origin
- The right to reside in one of the Nagoya University international residences for the duration of the scholarship

- **Expected career destination**

A leadership position in the healthcare sector in the government or health care organization in the respective country

- **Degree offered**

Master of Science in Healthcare Administration



Candidate Description and Qualifications

■ Nationality

Applicants must be nationals of the following 13 participating countries: Bangladesh, Bhutan, Cambodia, Indonesia, Kazakhstan, Kyrgyz Republic, Lao PDR, Malaysia, Mongolia, Philippines, Sri Lanka, Thailand, and Vietnam.

■ Age

Applicants must be in principle under 40 years old as of October 1st of each academic year.

■ Background

Applicants must be a bachelor's degree holder or its equivalent in the field of medicine, public health, or science from an accredited university and have achieved excellent results.

This program is available to young public administrators in the medical and public health sectors who are anticipated to have significant roles in these areas within their respective countries. In principle, a minimum of three years' working experience in the field in the applicant's home country is a prerequisite for admission to the program.

■ English competency

A minimum TOEFL-iBT score of 80 (4 for tests taken after January 21, 2026) or equivalent, applicants are required to have the ability to join discussions and write papers in English without any supplementary lessons of English.

■ Health

Applicants are required to be in good health.

■ Others

- a) Military personnel and military civilian employees registered on the active list are excluded.
- b) The grants may be cancelled if grantees fail to arrive in Japan by the appointed date.
- c) The applicant who is already enrolled in a Japanese university is not eligible to apply.
- d) The program prohibits participants from bringing or staying with family members in Japan.



Application

Based on recommendations of the authorities in respective countries, the university will select initial candidates from applicants by means of a review of the submitted documents, a short essay, and an interview. Those who have been selected by the host university will be put forward to the YLP committee established by MEXT for the final selection.

An application form and more information on application procedures can be requested from the Embassy of Japan in each participating country.

Expected number of accepted students is 10.

Screening Procedure

- Step One: First screening: By recommending authorities of each country
- Step Two: Second screening: Screening of application documents by Nagoya University
- Step Three: Third screening: In person interview of candidates conducted by faculty members of Nagoya University
- Step Four: Primary selection based on total scores of Step Two & Three screenings along with comments of the interviewer
- Step Five: Final approval by YLP central committee organized by MEXT



Student Support and Resources

Housing

Accommodation is provided for all students at one of the Nagoya University dormitories. YLP fellows typically reside at International Residence Yamate North, which is conveniently situated within walking distance of the Higashiyama main campus.

«International Residence Yamate North»

The residence houses Lounge, Launderettes, and TVs. Rooms are equipped with Bed, Bed-in-a-bag, Desk, Chair, Desk lamp, Wardrobe, Closet, Air conditioner, TV connection, Kitchenette, Microwave oven, Refrigerator, Bathroom, etc.



Library

■ Central Library (at Higashiyama main campus)

Collection contains over 3 million volumes, including reference books, large collections of periodicals, and many of which are available online. The facility provides different types of learning spaces, including the learning commons, audio visual booths, research rooms, and others.



■ Department Library (Medical Library at Tsurumai Campus)

Large collections of periodicals and electronic resources are available.

Global Engagement Center (GEC)

Advising Counselling Services (ACS) provides all kinds of consultation related to international students who belong to Nagoya University. It offers a variety of programs to meet the needs of Nagoya University international community; multicultural workshop, Multicultural peer support, Language shower and Global family program and more.

Sports Facilities

Nagoya University students can freely use sports facilities such as fitness room, indoor swimming pool and tennis courts on Higashiyama main campus.

Health Administration Office

Nagoya University students have access to services such as health consultations and first aid at the health administration office at no cost. Nurses are present every day, and a doctor is available on certain days each week. Reference letter to an appropriate clinic or specialist will be written when necessary.

Alumni

It is of the utmost importance to us that YLP graduates stay connected with the diverse student community. The Nagoya University Alumni Network will be an anchor to strengthen ties with fellow alumni around the world. Some YLP graduates have served as chairpersons of alumni associations in their respective countries.

Number of YLP graduates

as of September 2026

Afghanistan	Bangladesh	Cambodia	Indonesia	Kazakhstan	Kyrgyzstan	Lao PDR
15	20*	28*	5	12	17	25
Malaysia	Mongolia	Myanmar	Poland	P.R.China	Romania	Thailand
17	24	22	1	10*	1	16
Uzbekistan	Vietnam	Philippines				
17	6*	1	Total	237		

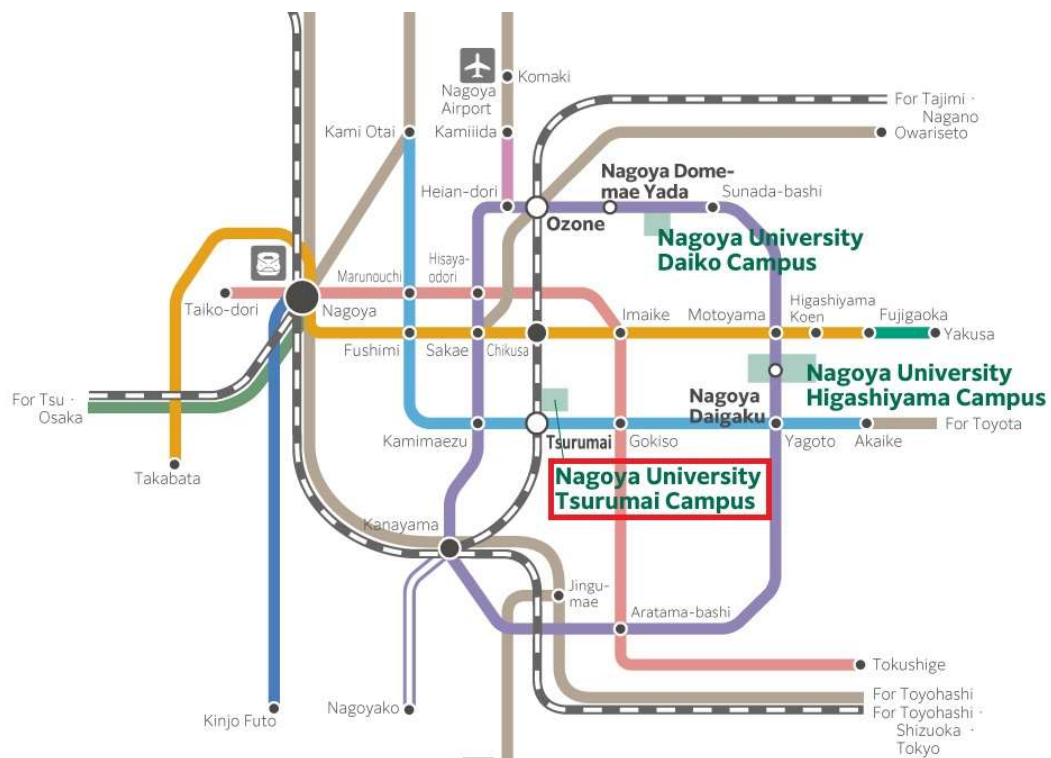
*The number includes special participants from Japan International Cooperation Agency (JICA) and Japanese Grant Aid for Human Resource Development Scholarship (JDS).

Number of publications (based on YLP Master's thesis)

117



Access to Nagoya University



Young Leaders' Program (YLP)

In Healthcare Administration

Nagoya University Graduate School of Medicine



名古屋大学

NAGOYA UNIVERSITY

For Further Information

To learn more about YLP at Nagoya University, please visit our websites at:

Nagoya University

<https://en.nagoya-u.ac.jp>

Nagoya University Graduate School of Medicine

https://www.med.nagoya-u.ac.jp/medical_E/

Young Leaders' Program

https://www.med.nagoya-u.ac.jp/healthcare_administration/index.html

Young Leaders' Program

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