

MEXT* scholarship program

Young Leaders' Program (YLP)

Healthcare administration course

Nagoya University Graduate School of Medicine



名古屋大学
NAGOYA UNIVERSITY

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History of Nagoya University

Nagoya University began its history in 1871 with its temporary hospital standing on a site where the conference chamber for the former Nagoya clan once stood, and the temporary medical school standing on a site where the magistrate's office for the former Nagoya clan once stood. Thereafter, many transitions took place, and the Aichi Medical College was established in 1920. In 1931, the management of the Aichi Medical College was transferred to the national government and the Nagoya Medical College was newly established in the same year. In 1939, the Nagoya Imperial University was established with the addition of the School of Science and Engineering and the School of Medicine, thus absorbing the Nagoya Medical College. Currently, there are 13 graduate schools. Other facilities include 3 subsidiary research institutes, 2 facilities open to the public and 16 research centers. In 2004, Nagoya University became a national university with a new governing structure.

Message from the Dean

We, all faculty members of the Graduate School of Medicine, cordially welcome the distinguished participants of Young Leaders' Program (YLP) from abroad. It is our pleasure to have a chance to study with you at Nagoya University Graduate School of Medicine. We understand that all participants are well-qualified promising persons who are going to be leaders in the field of healthcare administration of their home countries, and some of the participants are indeed actual leaders of healthcare administration of their countries.

The School/Graduate School of Medicine is the oldest school of Nagoya University and the history of the school can be traced back to as early as 1871. The Graduate School began as a part of the School of Medicine in 1955 and developed into a key medical research organization. The Graduate School of Medicine and the School of Medicine now encompass the basic and clinical medical and co-medical sciences as well as the affiliated hospital and research facilities.

At present, there are five YLPs supported by Japanese Ministry of Education, Culture, Sports, Science and Technology (MEXT). Our YLP, the fourth program approved by the Ministry in 2003, is the only one focusing on healthcare administration. The other YLPs are on law, business, general administration, and administration in local governments. All of the YLPs have been established to promote the collaboration and the friendship among promising young leaders in its target countries. Although we have several courses for master and doctor degrees, YLP has uniqueness as its official language is English. Among many medical graduate schools in Japan, our YLP program may be the first one in which English is the official language. In Japan, the academic courses concerning healthcare administration are limited in terms of number and contents. We are, however, aiming to make it as the best program in Japan. In addition to the YLP staff, the faculty members of social medicine in Nagoya University Graduate School of Medicine are doing their best to support YLP as education staffs as you can find it in the following content.

Once again, we are greatly pleased to share the time with the promising YLP participants, and hope that all the participants will enjoy their life in Japan, as well as their study through this program. It is indeed our pleasure and honor to have this fruitful program with many promising students and contribute to the further development of their countries through the course. It's our sincere hope that you will achieve good results, become a bridge between your countries and Japan, and contribute to world development and peace.

September, 2024
Hiroshi Kimura, MD, PhD.
Dean
Graduate School of Medicine
Nagoya University



Greeting from the Program Director

Welcome to the Young Leaders' Program at Nagoya University!

I greatly appreciate your decision to attend the Young Leaders' Program (YLP) at the Nagoya University Graduate School of Medicine. You may have experienced a number of difficulties in the process from application to admission. Now, you are entitled to a one-year stay in Japan by the Japanese government.

This course aims to 1) provide educational opportunities for promising individuals with broad perspectives in the field of healthcare administration, 2) deepen their understanding of Japanese customs and culture, and 3) strengthen networks useful for solving many difficult problems in and among the participating countries.

As shown in the following curriculum, this master's course provides the participants with introductory knowledge of public health, similar to the master's courses in public health available in many other countries. Participants can learn the principles of health administration. There will be several opportunities to see the actual practice of healthcare and administration in Japan. The most challenging task will be to create a master's thesis; it can be truly tough work for participants without previous experience in preparing scientific manuscripts. In addition to the teaching staff of Nagoya University, a number of distinguished lecturers from other organizations in Japan and from abroad are invited to provide classes in this course.

In addition to these academic experiences, you will be able to enjoy the beautiful nature and sophisticated culture of Japan. We hope that the friendship with classmates and staff will become a valuable part of your lives. Forming human networks is surely useful for all participants and staff.

We, the teaching staff of Nagoya University, are very glad to support you to complete this course. Please enjoy your time here at Nagoya University.

September, 2024

Eiko Yamamoto, MD, PhD.

Director of Young Leaders' Program

Professor, Department of Healthcare Administration



YLP Course Requirement for Academic Year 2024-2025

■ Course in Healthcare Administration

Course Name	Instructor		Term	Credit
	Instructed by	Credited by		
Healthcare Service Facilities and Professionals (1)	Nishino	Yamamoto	Autumn	2
Healthcare Service Facilities and Professionals (2)	Nishino		Winter	
Administrative Regulations for Health	Yamamoto	Yamamoto	Autumn	1
Biostatistics	Various	Wakai	Autumn	1
Epidemiology	Various	Wakai	Autumn	1
Community Health and International Health	Various	Yatsuya	Autumn	1
Occupational and Environmental Health	Various	Kato	Autumn	1
Health Insurance and Economics	Various	Yamamoto	Winter	1
Medical Law	Various	Ishii	Winter	1
Pharmacy Management	Various	Ikesue	Winter	1
Hospital Administration	Yamamoto	Yamamoto	Spring	1
Seminar I - Essentials of writing health research papers	Nishino	Yamamoto	Autumn	1
Seminar II -Data management and analysis	Yamamoto	Yamamoto	Winter	1
Seminar III - Journal Club Healthcare system around the world	Yamamoto	Yamamoto	Spring /Summer	1
Seminar IV - Miscellaneous	Various	Yamamoto	Throughout the year	1
Seminar V - Miscellaneous	Various	Yamamoto	Throughout the year	1
Colloquium I	Various	Yamamoto	Throughout the year	2
Colloquium II	Various			
Outline of Clinical Medicine	Various	Yamamoto	Throughout the year	2
Master's Thesis	Various	Yamamoto	Throughout the year	6
Field Trips/Site Visits	Various	Yamamoto	Throughout the year	4
Japanese I	Dake		Autumn	Non- Credit
Total				30

Distinctive Features of YLP Curriculum

The curriculum is suitable for rearing future national leaders in the field of healthcare administration, seeking to learn from Japan's unique and important role as bridging Western and Asian countries, and willing to maintain the lasting friendship with Japan and other participating countries through various activities, such as special lectures and site visits.

Comparative Studies: Each subject being conducted in the form of comparative study is designed to cover various aspects of healthcare administration/management so that every student can apply what he/she acquired at this program to variety of situations in a practical manner, factoring in the difference of economic, social and environmental background of respective country.

Cultivation of Students' Own Ideas: Going beyond instruction on specific skills and knowledge, the curriculum will seek to cultivate the formation of students' own ideas, of identifying problems and developing the ability of finding solutions.

Interaction with Leading Figures: Through interaction with leading figures engaged in healthcare sector and also from various fields, the curriculum aims to create human networks and promote further understandings one another.

Examples of the Course Characteristics:

Seminars / Colloquium: Listening to and having discussions with scholars, medical officers, doctors, other healthcare professionals, future leaders, and more, from various spheres inside and outside of Japan on topics relevant to people's health.

Field Trips / Site Visits: Excursions to different regions in Japan visiting medical and public health related facilities, enabling participants to better-understand Japanese healthcare system and the culture behind it as well.

Master's Thesis: Master thesis and an oral examination are the final steps towards Masters of Science in Healthcare Administration degree.





Academic Calendar 2024 – 2025

October 2024 – September 2025

Autumn Quarter 2024 [October 2 – December 13]

Entrance ceremony.....	October 1
First day of instruction.....	October 4
National Culture Day [holiday].....	November 3
Hiroshima field study trip.....	November 7-8
Labor Thanks-giving Day [holiday].....	November 23
Last day of instruction.....	December 13

Winter Quarter 2025 [January 6 – March 14]

First day of instruction.....	January 6
National Foundation Day [holiday].....	February 11
Emperor's Birthday [holiday].....	February 23
Last day of instruction.....	March 14

Spring Quarter 2025 [March 24 – May 30]

First day of instruction.....	March 24
National Golden week [holidays].....	April 29, May 3-6
Tokyo field trip.....	May 26 - May 30
Last day of instruction.....	May 30

Summer Quarter 2025 [June 9 – August 1]

First day of instruction.....	June 9
Takayama field study trip.....	June 30 - July 2
National Marine Day [holiday].....	July 21
Research Presentation of Master's thesis.....	Last week of Quarter
Last day of instruction.....	August 1

Final Period 2025 [August 25 – September 19]

First day of instruction.....	August 25
National Respect for Aged Day [holiday].....	September 15
Last Day of instruction for the year.....	September 19
Graduation Ceremony.....	September 29

YLP Time Schedule 2024 – 2025

Autumn 2024 October 2 – December 13 (11weeks)

	Mon.	Tues.	Wed.	Thurs.	Fri.
8:50 10:20	(Colloquium II)*	---	---	Japanese	---
10:30 12:00	Administrative Regulations for Health	Epidemiology	Healthcare Service Facilities & Professionals	---	Seminar I
13:00 14:30	Biostatistics	Occupational & Environmental Health	(Colloquium I)*	Community Health & International Health	(Seminar V)*

Winter 2025 January 6 – March 14 (10 weeks)

	Mon.	Tues.	Wed.	Thurs.	Fri.
10:30 12:00	Medical Law	(Outline of Clinical Medicine)*	Healthcare Service Facilities & Professionals	---	Seminar II
13:00 14:30	(Colloquium II)*	Pharmacy Management	(Colloquium I)*	Health Insurance & Economics	(Seminar IV)*

Spring 2025 March 24 – May 30 (10 weeks)

Summer 2025 June 9 – August 1 (8 weeks)

	Mon.	Tues.	Wed.	Thurs.	Fri.
10:30 12:00	(Outline of Clinical Medicine)*	---	---	(Colloquium I or II)*	(Seminar IV)*
13:00 14:30	Hospital Administration	Seminar III	(Colloquium I)*	(Outline of Clinical Medicine)*	(Seminar V)*

Final Period 2025 August 25 – September 19 (4 weeks)

	Mon.	Tues.	Wed.	Thurs.	Fri.
10:30 12:00	---	---	---	(Outline of Clinical Medicine)*	---
13:00 14:30	(Outline of Clinical Medicine)*	(Colloquium II)*	(Colloquium I)*	(Seminar IV)*	(Seminar V)*

*Colloquium I & II • Seminar IV & V • OCM are scheduled irregularly throughout the year.

Young Leaders' Program (YLP) at Glance

- **Duration of the course: one year**

The YLP is instructed on a full time basis, taking 12 months for completion, beginning in October and ending in September of the next year.

- **Expected participants**

Promising young public officers working for the governmental health sector from the following 12 designated countries;

Bangladesh, Cambodia, Indonesia, Kazakhstan, Kyrgyz Republic, Lao PDR, Malaysia, Mongolia, Philippines, Sri Lanka, Thailand, and Vietnam (in alphabetical order)

- **Scholarships**

YLP Scholarship by MEXT of the Japanese government includes;

- A monthly stipend*. It includes the costs necessary for study.
(*The amount is announced every year in the application guide.)
- Exempted from the fees for the entrance enrollment and tuition
- A round-trip airplane ticket to/from the country of origin
- The right to reside in one of the Nagoya University international residences for the duration of the scholarship

- **Expected career destination**

A leadership position in the healthcare sector in the government or health care organization in the respective country

- **Degree offered**

Master of Science in Healthcare Administration



Candidate Description and Qualifications

■ Nationality

Applicants must be nationals of the following 12 participating countries:
Bangladesh, Cambodia, Kazakhstan, Indonesia, Kyrgyz Republic, Lao PDR, Malaysia, Mongolia, Philippines, Sri Lanka, Thailand, and Vietnam.

■ Age

Applicants must be in principle under 40 years old as of October 1st of each academic year.

■ Background

Applicants must be a bachelor's degree holder or its equivalent in the field of medicine, public health, or science from accredited university and have achieved excellent results.

This program is open to exceptionally promising young public administrators in medical/public health sector who are expected to play active roles as future national leaders in their respective countries. In principle, a minimum of three years' working experience in the field in the applicant's home country is a prerequisite for admission to the program.

■ English competency

A minimum TOEFL-IBT score of 80 or equivalent, **applicants are required to have the ability to join discussions and write papers in English without any supplementary lessons of English.**

■ Health

Applicants must be in a good health condition.

■ Others

- a) Military personnel and military civilian employees registered on the active list are excluded.
- b) The grants may be cancelled if grantees fail to arrive in Japan by the appointed date.
- c) The applicant whose spouse has already won any Japanese Government (MEXT) Scholarship will not be selected as a grantee, and likewise in the case of a couple applying at the same time.
- d) The applicant who is already enrolled in a Japanese university is not eligible to apply.
- e) The program prohibits participants from bringing or staying with family members in Japan.



Application

Based on recommendations of the authorities in respective countries, the university will select initial candidates from applicants by means of a review of the submitted documents, a short essay, and an interview. Those who have been selected by the host university will be put forward to the YLP committee established by MEXT for the final selection.

An application form and more information on application procedures can be requested from the Embassy of Japan in each participating country.

Expected number of accepted students is 10.

Screening Procedure

- Step One: First screening: By recommending authorities of each country
- Step Two: Second screening: Screening of application documents by
Nagoya University
- Step Three: Third screening: In person interview of candidates conducted by faculty
members of Nagoya University
- Step Four: Primary selection based on total scores of Step Two & Three screenings
along with comments of the interviewer
- Step Five: Final approval by YLP central committee organized by MEXT



Student Support and Resources

Housing

Accommodation is provided for all students at one of the Nagoya University dormitories. YLP fellows are most likely to be living in International Residence Yamate North, which is located in the walking distance from the Higashiyama main campus.

<<International Residence Yamate North>>

Three-story building with 106 single rooms (approximately 15 m²). It houses Lounge, Launderettes, and TVs. Rooms are equipped with Bed, Bed-in-a-bag, Desk, Chair, Desk lamp, Wardrobe, Closet, Air conditioner, TV connection, Kitchenette, Microwave oven, Refrigerator, Bathroom, etc.



Library

■Medical Library (at Tsurumai campus)

Large collections of periodicals and electronic resources are available.

■Central Library (at Higashiyama main campus)

Collection contains over 3 million volumes, including reference books, large collections of periodicals, and many of which are available online. A variety of learning spaces are offered such as the learning commons and audio visual booths, research rooms, and more.

■Department Library (Medical School Library at Tsurumai Campus)

Large collections of periodicals and electronic resources are available.

Global Engagement Center (GEC)

Global Engagement Center Support Team provides all kinds of consultation related to international students who belong to Nagoya University. It offers a variety of programs to meet the needs of Nagoya University international community; multicultural workshop, Multicultural peer support, Language shower and Global family program and more.

Sports Facilities

Nagoya University students can freely use sports facilities such as fitness room, indoor swimming pool and tennis courts on Higashiyama main campus.

Health Administration Office

Nagoya University students can use services, such as health consultations and first aid, provided by the health administration office for free of charge. Nurse is on duty daily and doctor is available several days a week. Reference letter to an appropriate clinic or specialist will be written when necessary.



It is of the utmost importance to us that YLP graduates stay connected with the diverse student community. The Nagoya University Alumni Network will be an anchor to strengthen ties with fellow alumni around the world. Some YLP graduates have been selected as a chairperson of alumni associations in their respective countries.

Number of YLP graduates

as of September 2024

Afghanistan	Bangladesh	Cambodia	Indonesia	Kazakhstan	Kyrgyzstan	Lao PDR
15	17*	25*	2	12	16	22
Malaysia	Mongolia	Myanmar	Poland	P.R.China	Romania	Thailand
16	23	22	1	10*	1	15
Uzbekistan	Vietnam					
17	6*					Total 220

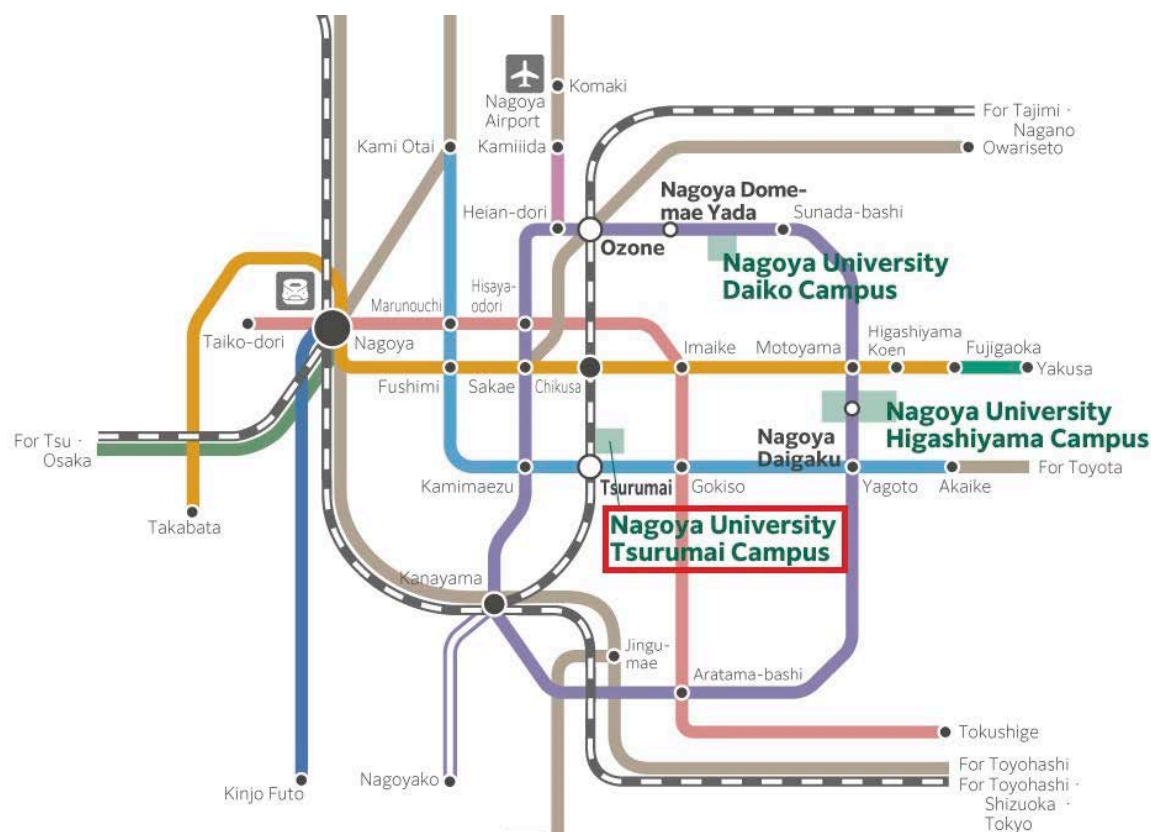
Number of publications (based on YLP Master's thesis)

113

*The number includes special participants from Japan International Cooperation Agency (JICA) and Japanese Grant Aid for Human Resource Development Scholarship (JDS).



Access to Nagoya University



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In Healthcare Administration

Nagoya University Graduate School of Medicine



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NAGOYA UNIVERSITY

For Further Information

To learn more about YLP at Nagoya University, please visit our websites at:

Nagoya University

<https://en.nagoya-u.ac.jp>

Nagoya University Graduate School of Medicine

https://www.med.nagoya-u.ac.jp/medical_E/

Young Leaders' Program

https://www.med.nagoyau.ac.jp/medical_E/laboratory/basic-med/social-science/ylp/

Young Leaders' Program

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